



Inspiring Young Minds
Through Knowledge Olympiads

CLASS

11

QUESTION PAPER SET

C

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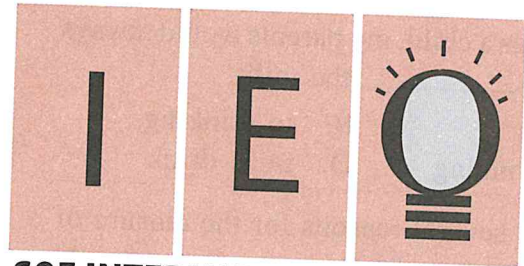
Name:.....

Section:.....SOF Olympiad Roll No.:.....

Contact No.....

Total Questions: 50

Time: 1 hr.



**SOF INTERNATIONAL ENGLISH
OLYMPIAD 2019-20**

in association with



Guidelines for the Candidate

1. You will get additional ten minutes to fill up information about yourself on the OMR Sheet, before the start of the exam.
2. Write your **Name, School Code, Class, Section, Roll No.** and **Mobile Number** clearly on the **OMR Sheet** and do not forget to sign it. We will share your marks / result and other information related to SOF exams on your mobile number.
3. The Question Paper comprises four sections:
Word and Structure Knowledge, Reading, Spoken and Written Expression & Achievers Section.
Each question in Achievers Section carries 3 marks, whereas all other questions carry one mark each.
4. All questions are compulsory. There is no negative marking.
5. There is only ONE correct answer. Choose only ONE option for an answer.
6. To mark your choice of answers by darkening the circles on the OMR Sheet, use **HB Pencil** or **Blue / Black ball point pen** only. E.g.

Q.16: Fill in the blanks.

Please teach my dog _____ a ball.

- A. to fetch B. learn C. show D. to learn

16. ● (B) (C) (D)

As the correct answer is option A, you must darken the circle corresponding to option A on the OMR Sheet.

7. Return the OMR Sheet to the invigilator at the end of the exam.
8. Please fill in your personal details in the space provided on this page before attempting the paper.

WORD AND STRUCTURE KNOWLEDGE

FOR QUESTIONS 1 TO 24, CHOOSE THE CORRECT WORD/PHRASE TO COMPLETE EACH SENTENCE.

1. If I _____ about your problems, I would have helped you.
A. know B. had known
C. will know D. am knowing

2. When I was a child, my parents would always make me _____ the milk.
A. drink B. to drinking
C. be drinking D. must drink

3. There are several reasons for the closure of the school, most of _____ have already been explained fully.
A. when B. what
C. which D. how

4. I _____ all this work by this time next week.
A. have finished
B. finished
C. will have finished
D. am finishing

5. When I stopped _____ to my dad, he was working in the garden, so we couldn't talk for long.
A. spoke B. to speaking
C. speak D. to speak

6. Not for many months _____ find a solution to the problem.
A. did we B. were we
C. had we D. are we

7. Paul said he _____ make a cup of tea for me later.
A. was B. will
C. would D. were

8. I was _____ pizza at the mall with my friends later.
A. have had B. have
C. to have D. had

9. I couldn't imagine _____ I would be able to find the courage to leave.
A. where B. who
C. which D. what

10. This jacket was lent _____ me by my brother.
A. at B. from
C. by D. to

11. The amount of time I wasted was a drop in the _____ compared to how long my brother spent there.
A. lake B. pond
C. ocean D. sea

12. I'm afraid your homework submission just won't _____ the mustard with our new teacher.
A. scrape B. cut
C. spoon D. pour

13. _____, he decided not to join either the cricket or football clubs at school.
A. Emotion B. Emotions
C. Emotionally D. Emotive

14. You'd better _____ your ideas up before term starts or you'll really struggle.
A. buck B. frail
C. cause D. sling

15. It was a real shock that we _____ with a victory last week.
A. made over B. made up
C. made in D. made away

16. Sometimes, it's important to just let _____ dogs lie.
A. angry B. boring
C. sleeping D. tired

17. Now that we are on a holiday away from my family, I feel quite _____.
A. rebranded B. undisclosed
C. conflated D. unfettered

18. I am going to try and _____ my brother's excellent final season for the team.

- A. traverse B. dissolve
C. emulate D. contrast

19. My brother is the most _____ guy I know. He just loves being around loads of people.

- A. solemn B. elusive
C. convivial D. doubtful

20. I found that there was a lot of _____ between us on the tennis court. We are good as a team.

- A. lettings B. revisions
C. redactions D. congruity

21. My brother never announces his success. I think he is the most _____ person I know.

- A. eloquent B. bashful
C. rebuked D. possible

22. My village is slowly being killed off by _____ development from outsiders.

- A. recidivist B. pounds
C. rewind D. piecemeal

23. My sister was really _____ about the film she saw last night. I don't think she liked the actors very much.

- A. gleeful B. rebounding
C. scathing D. grammatical

24. I didn't think my jacket was _____ until it rained and I got soaked.

- A. porous B. jettisoned
C. resistant D. congruent

FOR QUESTIONS 25 AND 26, CHOOSE THE CORRECT SYNONYM OF THE GIVEN WORD.

25. Poise

- A. Convince B. Reform
C. Hover D. Play

26. Bravado

- A. Gathering B. Modesty
C. Imminent D. Grandiosity

FOR QUESTIONS 27 AND 28, CHOOSE THE CORRECT ANTONYM OF THE GIVEN WORD.

27. Kudos

- A. Rehabilitation B. Condemnation
C. Emancipation D. Obliteration

28. Oblivion

- A. Fullness B. Thriving
C. Solitude D. Platitude

FOR QUESTIONS 29 AND 30, CHOOSE THE OPTION WITH CORRECT SPELLING.

29. How do you spell the word that means 'to have no definitive shape'?

- A. Moreaefius B. Emrofus
C. Inmoreafus D. Amorphous

30. How do you spell the word that means 'a feeling of deep regret'?

- A. Cempanksion B. Campanction
C. Compunction D. Cimpunctian

READING

FOR QUESTIONS 31 TO 35, READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW.

Once the examinations are out of the way, the school year has come to an end and other responsibilities are taken care of, you need to take a break, a vacation, a holiday. But who do you go with, where

do you go and what do you do? Probably you'll have your family for company (and to bankroll the venture). Walking in the Himalayas may be a "bonding family holiday" but maybe it won't suit you. Just hope your parents realise: if you, the teenager is happy, everybody will enjoy themselves.

If your parents are slightly short of funds that should be no cause for concern as plenty of budget options exist. A family volunteering holiday is worth considering since it gives you the best of both worlds: the chance to do some useful work, such as feeding and building shelters for animals before they are returned to the wild, while staying in natural surroundings. Places like Spain have cheaper self-catering apartments on 'village' sites complete with activities that allow teenagers to roam freely and safely. Some have a Teens Club with sports, film making and night outs. If you're staying at home, check if your local council is offering free summer activities and consider taking a free online computer course to make the most of your time off. You might be able to volunteer at an animal shelter or veterinary clinic.

At the other end of the spectrum, if finances aren't prohibitive, something more exotic or adventurous might be on the agenda. Vietnam, for example, offers thought-provoking history, surreal scenery and outstanding food. Belize (Central America) is unspoiled but easy to get around. You could stay in a jungle lodge, snorkel through a barrier reef and swim in a limestone sink hole. Then encounter toucans and howler monkeys and see ancient Mayan temples. In Hawaii, you could feed koi and swans, hunt for treasure and explore tide pools, before doing an interactive dolphin training programme, a kayak trip or a whale-watching tour. For a more cultural **sojourn**, colourful India might be appealing. Inflexible western time-keeping and exam stress will dissipate as you focus on mindfulness, while learning about the different regions, religions, languages and customs in this incredibly diverse country.

If your tastes are more urban, your family could base itself in Brooklyn, New York, for the ultimate city break. It's more affordable and less hectic than other options and has prairie dogs, dingoes and red pandas

in its zoo. For a mix of the ultra-modern and ancient, it's hard to beat Japan. Amid futuristic skylines in Tokyo, seek out manga art, out-of-the-way sushi restaurants and samurai warriors. Another place mixing old and new is the Sultanate of Oman with its spectacular palace hotels, beautiful yet stark deserts and mountains. You can also see turtles hatching on pristine beaches. Elsewhere, short trips to European cities, such as Rome, Nice or Cannes are good options for the summer, while trendy Barcelona and exciting London could prove irresistible, with some hotels dropping their rates in July and August.

Time your visit right to Rio de Janeiro (Brazil) and you could witness the world's biggest carnival. Dating back to 1823, the parade is jam-packed with dancers, displays and adornments from a multitude of samba schools. If dragons, fireworks, flowers and lanterns are more appealing, Chinese New Year should fit the bill. Celebrated in China and many other countries throughout Asia, it's mind-boggling, huge and symbolic. Much smaller and more specific, Burning Man festival in Nevada (USA) celebrates individuality, community and self-expression. A large wooden effigy is set alight on Saturday evening in the remote desert location. White Nights Festival in St. Petersburg (Russia) could hardly be more different. Classical ballet, opera and music events are performed during the season of the midnight sun. This mixture of culture, music and atmosphere at one of the world's most fascinating festivals might be just what you and your family would enjoy.

Given the huge choices available, picking the right holiday isn't easy. Which option will involve every member of the family needs to be determined. You could start by agreeing on what you did when you spent your best ever time together. Furthermore, you need to be realistic: you might be happiest heading off at the crack of dawn to

explore an archaeological site, while your parents would rather sleep in. No doubt it's healthy to get away from technology for a few days, but how will you cope without chatting to your friends back home?

31. Choose the best title or heading for the passage.
- A. Different Free Time Preferences
 - B. Best Holidays for Teenagers and Families
 - C. Cost Rules Out Many Holiday Options
 - D. Decide When a Vacation would Suit
-
32. Why is volunteering a reasonable holiday option, according to the text?
- A. It's better than the other available holidays.
 - B. Being in nature does not compensate for the work you have to do.
 - C. It involves doing something worthwhile at an attractive location.
 - D. Doing work that nobody else is prepared to do makes you feel good.
-
33. According to the text, what is the main appeal of city breaks?
- A. Natural beauty is accessible from some city locations.
 - B. European cities offer a wide range of cultures and locations.
 - C. If you go in summer, plenty of bargains are available.
 - D. They provide the chance to see both the latest and oldest things.
-
34. According to the text, going to festivals while on holiday _____.
- A. combines several appealing features
 - B. means you can travel all over the world
 - C. mainly depends on the choice of your parents
 - D. helps you learn about a country's economy
-
35. What does 'sojourn' in paragraph 3 mean?
- A. A long stay in a place while you are on an even longer journey to somewhere else
 - B. The place where someone lives or the condition of living somewhere
 - C. A short period when a person stays in a particular place
 - D. A period of the year when schools or colleges are closed or when law courts do not operate

FOR QUESTIONS 36 TO 40, READ THE PASSAGE AND ANSWER THE QUESTIONS THAT FOLLOW.

With cases of childhood obesity reputed to be at record levels, interest – at times obsessive – in the latest wonder diets is at an all-time high. When others use cruel names, those lacking self-confidence and wanting to lose a few kilos risk falling into the trap of self-hatred. They should all aim, however, to avoid bad eating habits and stay healthy. Ranging from the conventional (vegan, vegetarian, weight watchers, Mediterranean) to the less mainstream (Atkins, raw food, South Beach, Ketogenic) – which diets should they consider, if any?

For various reasons, maintaining body weight is more complicated for teenagers than many others. Adolescence is a crucial phase of our life as well as being when complicated hormonal changes take place in our bodies. Simultaneously, maintaining a healthy body and mind during our growth spurt, when body image changes rapidly, is challenging for many of us. Skipping meals or following faddy diets over a prolonged period can lead some teenagers to life-threatening conditions, such as anorexia and bulimia. To avoid gaining too much weight, apart from doing enough physical exercise, it's also important for teenagers to get enough sleep. A recent, albeit small-scale, study found a link between lack of sleep among a group of young New Zealand children and their 'body mass index' a few years later. Although the correlation appears convincing, other factors (including diet) should not be ruled out.

Given these complications, the temptation to experiment with a fashionable 'crash' diet that is recommended by a friend or expounded in an online article is all too great for some teenagers. While massively limiting how much you eat or completely

removing certain food groups from your diet may seem to make sense, short-term weight loss is just as likely to be followed by weight gain, in a kind of yo-yoing pattern. These diets will probably result in a loss of energy and important nutrients, along with feelings of tiredness and irritability, even headaches, nausea, dehydration and dizziness. Diets that are not nutritionally balanced mean missing out on important vitamins and minerals, while skipping meals results in a preoccupation with food. An association has been made between regularly eating breakfast and a lower risk of gaining weight.

Staying healthy may mean giving up favourite items that are high in saturated fats and sugars: chips, cakes, sausages and biscuits, for example. As with many aspects of dieting and behaviour, a successful approach relies on replacing what can be harmful with something that is healthier. Fruits and vegetables need to take the place of foodstuffs that can lead to high cholesterol. Although the healthy options might seem somewhat drab and plain, you can jazz them up with things like peanut butter or hummus. Perhaps surprisingly, items like popcorn and nuts can actually be perfectly healthy if they're eaten without added salt or butter. Certain yoghurts boost your metabolism and can be supplemented with tasty honey and berries. Beware of dairy free (low carbohydrate) diets as young people need calcium to help with the growth of healthy bones.

Before choosing one (or rejecting all) of the myriad diets on offer, you might want to carefully consider your motivations and family history. Your goal might be losing weight, gaining weight, lowering your cholesterol, prolonging your life, attracting a girlfriend or boyfriend or any number of other reasons. The one thing in common is planning: having a fixed plan in terms of consuming certain types and amounts of food and drink towards regulating your weight or following a

particular lifestyle. Numerous influences may have a bearing on your habits and attitudes to food. Research suggests that we learn our eating habits early on in life with our parents and siblings acting as culinary role models. You may find it difficult to change your eating habits if your parents didn't regularly demonstrate the choice of healthy foods and moderate portions.

Other research appears to prove conclusively the links between a healthy diet and mental well-being. Although stress and depression can cause inappropriate eating habits, evidence suggests that in the majority of cases the causality is the other way around: poor diet leads to depression. Socio-economic status, level of exercise and all kinds of other variables probably influence what, how much and how often we eat. Since the consequences of our dietary choices can be life-long and serious, we need to consider them judiciously.

36. Choose the best title or heading for the passage.
- A. The Appeal of Different Fad Diets
 - B. Teenagers Should Think Carefully About Dieting
 - C. Dieting is not Complicated for Teenagers
 - D. Diets Cause Mental Illness
-
37. Why is it difficult for some or all teenagers to maintain a healthy diet, according to the text?
- A. Teenagers go through many physical changes.
 - B. Teenagers find it hard to control themselves.
 - C. Teenagers are not easily influenced by their friends.
 - D. Teenagers don't get enough sleep and miss meals.
-
38. According to the text, what do people need to do to achieve a healthy diet?
- A. Make sure they don't use dairy products and carbohydrates.
 - B. Monitor their intake of high cholesterol foodstuffs.

- C. Substitute sugary and fatty food with healthy food items.
- D. Avoid foods that require salt to be added.

39. According to the text, our childhood eating habits _____.
- A. depend on our relationship with our brothers and sisters
 - B. should be changed if our parents had unhealthy diets
 - C. are due to a range of long-term factors
 - D. are similar to those of people in our family

40. Why do most 'crash' diets not work, according to the text?
- A. Just because a diet was suggested by a friend doesn't mean it will work for somebody else.
 - B. People can't stop themselves eating too much after periods of dieting.
 - C. Feeling tired and unwell are too high a price to pay in order to lose weight.
 - D. We need the vitamins and minerals that these diets deny us.

SPOKEN AND WRITTEN EXPRESSION

FOR QUESTIONS 41 TO 45, CHOOSE THE MOST SUITABLE OPTION TO COMPLETE EACH CONVERSATION.

41. Aisha: Where are you going, Anne?
Anne: I'm not going anywhere, I'm staying _____.

- A. right
- B. front
- C. less
- D. put

42. Esmi: There's _____ a better time to live in Europe.

- A. not had
- B. always being
- C. never been
- D. had not had

43. Reg: My father always used to say that the right thing to do _____ always be the easiest.

- A. isn't
- B. didn't
- C. hasn't
- D. can't

44. Teacher: The school will be closed on Monday.
Student: Really, I thought we had a test, _____?

- A. didn't we
- B. haven't we
- C. can't we
- D. mustn't we

45. Deema: These instructions are virtually _____ to understand.

- A. impossibly
- B. imposing
- C. impossible
- D. improperly

ACHIEVERS SECTION

FOR QUESTIONS 46 AND 47, CHOOSE THE CORRECT WORD/PHRASE TO COMPLETE EACH SENTENCE.

46. These rules are so _____. I can't believe we still have to abide by them.

- A. arcane
- B. shone
- C. serene

- D. bonza

47. The most interesting thing about the programme we watched was that they _____ the presenter at all.

- A. are scripting
- B. script
- C. hadn't scripted
- D. have script

48. CHOOSE THE CORRECT SYNONYM OF THE GIVEN WORD.

Postulate

- A. Revert
- B. Reject
- C. Stretch
- D. Posit

49. CHOOSE THE CORRECT ANTONYM OF THE GIVEN WORD.

Truncate

- A. Curtail
- B. Retrench

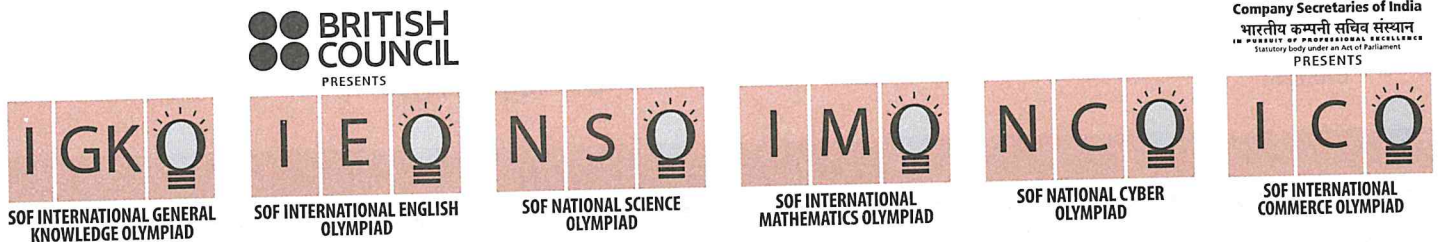
- C. Expand
- D. Contain


50. CHOOSE THE MOST SUITABLE OPTION TO COMPLETE THE CONVERSATION.

Brandon: Did you clean up yesterday?

Erik: _____ everything looked so in order, we didn't really clean much.

- A. Seeing
- B. Since to
- C. Because of
- D. Due



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